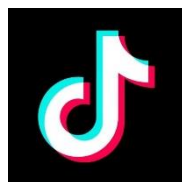




Children online: Risks they might face

Awareness raising session - Primary





Musical.ly



tik tok



snapchat



Instagram



Whatsapp



Fortnite



Omegle



minecraft



Facebook messenger



Pokemon



Roblox

Key Life Moments

Children

Age 3-4
1% own a mobile phone, 16% own a tablet, 0% have a social media profile



Age 5-7
67% of children are online.
Average time spent per week: 8 hours 42 minutes
3% have a social media profile
Children start to browse internet for school work and general browsing

Learn to read & write



4

5

6

7

8

9

10

11

12

13

14

15

16



Age 10-11
Phone ownership rises from 21% to 43%,



Age 8-11
90% of children are online, 49% own a tablet
Average time spent per week: 12 hours and 54 minutes
56% play games online, 12% against people who they've never met



43% of 11 year olds have a social media profile and are messaging, sharing and liking throughout the day

Age 12-13
Phone ownership rises from 50% to 74%
74% of 13 year olds have a social media profile

12-15

98% of children are online
Average time spent per week: 20 hours and 6 minutes
27% play games against people they've never met

Secondary school children use an average of 5 social networks



Start Secondary school

Age 3-4

55% of parents think the benefits of the internet outweigh the risks
10% think their child knows more about the internet than they do

Age 5-7

35% of parents have never spoken to their children about managing risks online
4% never supervise online access and use

Under 10

Parental concern is limited to sexual content, inappropriate content, violent content and strangers/grooming

Age 10-13

Parental concerns around online bullying increase



Age 5-15

16% of parents have never spoken to their child about managing risks online



Age 5-15

42% of parents have no awareness of content filters



Age 12-15

8% of parents do nothing to regulate or monitor their child's activity online

Parents

Age 8-11

68% of parents think the benefits of the internet outweigh the risks
41% think their child knows more about the internet than they do
34% are concerned about their child being bullied through their mobile phone



Growing up online....



There are lots of positives...



Online games can enhance teamwork and creativity



Add to the child's store of knowledge



Households with computers perform better academically



Improve both visual intelligence and hand-eye coordination

Research shows the outcomes for children are better if they benefit from connected technology

internet
matters.org



Risks they might face....



And there are of course risks...

	Content (Child as receiver of mass productions)	Contact (Child as participant in adult-led activity)	Conduct (Child participation, perpetrator or victim)
Aggressive	Violent	Harassment	Cyberbullying
Sexual	Pornographic	Grooming, sexual abuse	Sexual harassment, 'sexting'
Values	Racist / hateful	Ideological persuasion	Harmful user generated content
Commercial	Marketing	Personal data misuse	Gambling, copyright infringement

Content

What children see online



Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social media, online games, streams and websites.



Live comments and chats alongside other content including videos, streams and games can be hurtful, harmful or unreliable.



It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias. Photos and videos can also be edited or inaccurate.



Inappropriate content



What does the
'inappropriate'
mean in your house?

Not age appropriate:

- Violence
- Racial Hate
- Pro eating disorders
- Gambling
- Pornographic



Inappropriate content



Dealing with inappropriate CONTENT

4.7m

URL's showing pornographic
content

More than 12% of the internet

11yrs

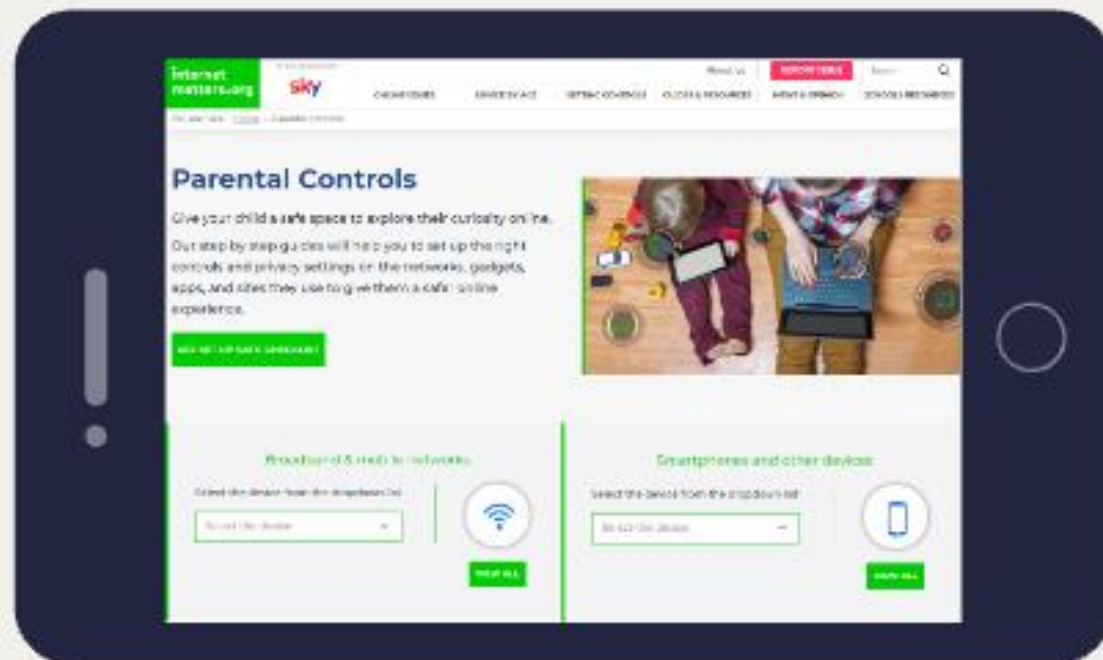
Average age to first
view porn online

1/3

of children have seen
explicit images by age
of 10

Filtering software
and settings can
help block
unwanted content.

Look at filters on
individual devices
and from mobile &
internet providers



internetmatters.org/parental-controls/



Game ratings



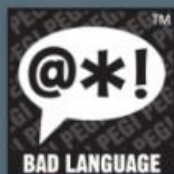
- Fortnite – 12 years old
- Roblox – 7+
- Clash of Clans – 13+
- Movie Star Planet – 8+
- Grand Theft Auto – 18+



TWO LEVELS OF INFORMATION AS A GUIDE : THE PEGI AGE LABELS



THE CONTENT DESCRIPTORS





IPAD/iPhone Restrictions

Apps and features

- Safari (Internet browser)
- Camera (also disables FaceTime)
- Siri & Dictation
- FaceTime*
- AirDrop
- iTunes Store
- Podcasts
- News
- Installing apps
- Deleting apps
- In-App Purchases
- Multiplayer Games
- Adding Friends

Types of content

- Ratings For (select the country or region in the ratings section to automatically apply the appropriate content ratings for that region)
- Music, Podcasts & News
- Movies
- TV shows
- Books
- Apps
- Siri
- Websites
- Password Settings

Privacy settings

- Location Services
- Contacts
- Calendars
- Photos
- Share My Location
- Bluetooth sharing
- Microphone
- Speech Recognition
- Twitter
- Facebook
- Advertising

When you have Restrictions on, you might not see certain apps, features, or services. If you're missing an app or feature, or can't use a certain service, try turning Restrictions off.

If you lose or forget your Restrictions passcode, you need to erase your device, then set it up as a new device to remove the Restrictions passcode.



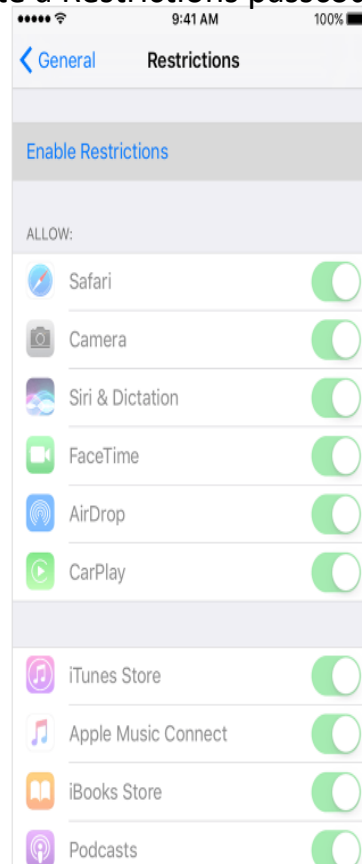
IPAD/iPhone Restrictions



1. Tap Settings > General > Restrictions



2. Scroll down and tap Restrictions,
then Enable Restrictions
3. Create a Restrictions passcode

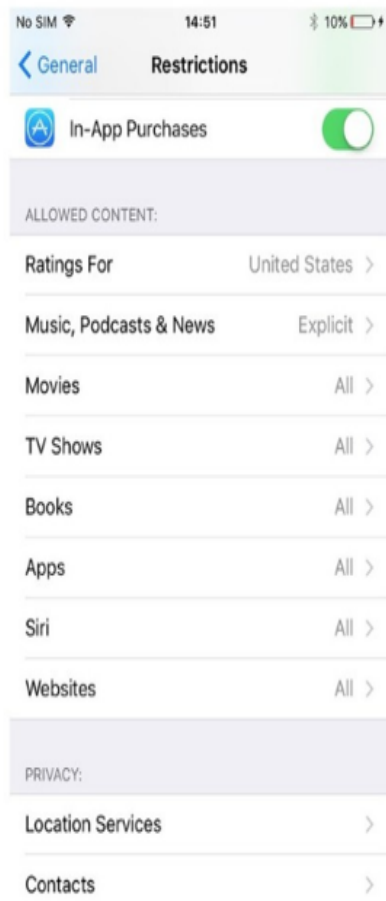




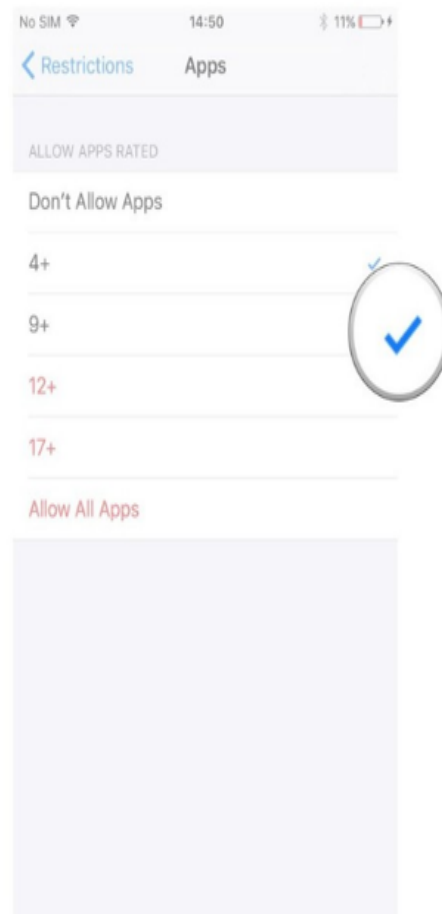
Age Based Restrictions



4. Restrictions >
Apps/music/movies



5. Select the age band appropriate for
your child. Applying a 'tick' to that age
will allow access.





limit access on your home wireless setup

Depending on your home router you can create a separate SSID (The name of your wireless connection) so that you have an grownup unrestricted version, or a child based locked down version. For example:

Wireless Name for Adult connection: Mywireless (Apply a password that's the kids do not know)

Wireless Name for Child connection: Mywireless Kids (Apply a password that the kids remember)

You can then apply restriction on your home router on the kids version so that should they try and access the internet, access to explicit websites will be blocked



Contact

Online communication



It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them.



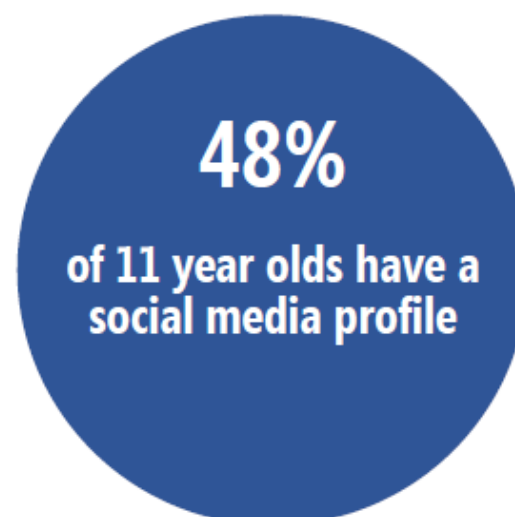
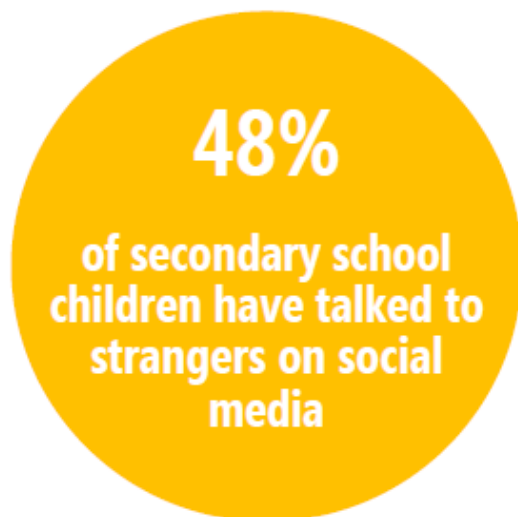
If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person (including, but not limited to, a request to meet up or a request for images/videos), it's vital that you report it to the police via:



Child Exploitation and Online Protection Centre (www.ceop.police.uk).



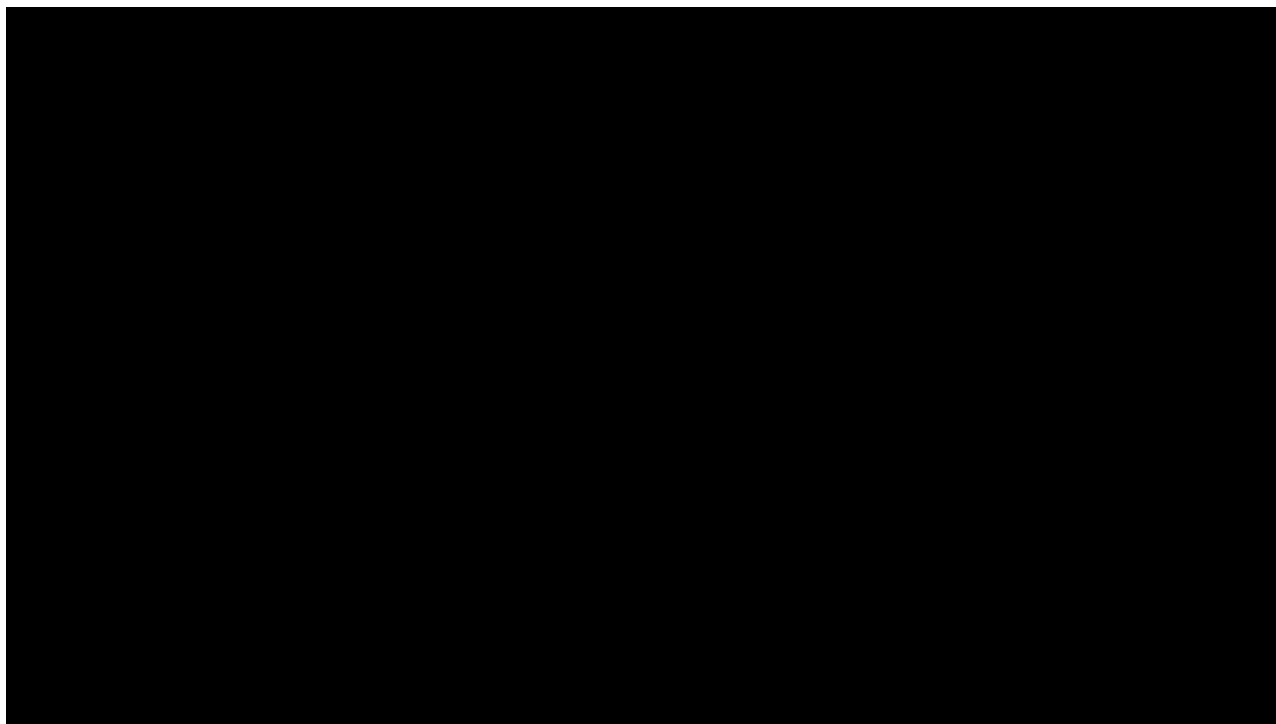
Inappropriate contact



Grooming

What is online grooming?

What does an online friend mean to your child? Is it the same for you?





Top tips



- *Talk to your child about online grooming*
- *Talk to them about their online friends*
- *Let your child know that you are always there for support and you understand how easy it is for things to get out of control online*
- *Learn how to report any inappropriate contact made to your child online*



Top tips



- **What to talk about**

- Sometimes people hide behind fake profiles for dishonest reasons
- Agree how they will respond to requests from people they don't know in real life
- Never ever to meet up with anyone they don't know in real life

- **Top tips / tools to use**

- Set up safe social media profiles that don't share personal information
- Turn off geo location settings on devices
- Use the strongest privacy settings on social media
- Learn how to report / block/ mute



Report and Support



Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up .

www.ceop.police.uk



24 hour confidential helpline for children and young people .



Social networking: Privacy



Is my child too young to have a Facebook account?

- Help set up their profile
- Add your email as the main contact (if possible)
- Set the privacy settings to “friends” only and ensure they are children you know
- Show them a CEOP safety resource which outlines the risks (www.youtube.co.uk/ceop/jigsaw)
- ‘Like’ the Click CEOP page
- Check in and keep updated

Social media Age Restrictions

From age 13

- Facebook
- Twitter
- Instagram
- Pinterest
- Google+
- Tumblr
- Reddit
- Snapchat
- AskFM
- Steam

From age 14

- LinkedIn

From age 16

- WhatsApp

From age 17

- Vine
- Tinder
- Skype

13/18 with Parents Permission

- YouTube
- Keek
- WeChat
- Kik
- Foursquare
- Flickr
- EA
- Minecraft
- Moshi Monsters
- Vimeo



Conduct

Online behaviour & sharing



Children need to be aware of the impact that their online activity can have on both themselves and others, and how other people may perceive them because of what they say and do online.



It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information, photos and videos that they may have posted.



When using the internet, it's important to keep personal information (that could identify who they are) safe and not share it with strangers.

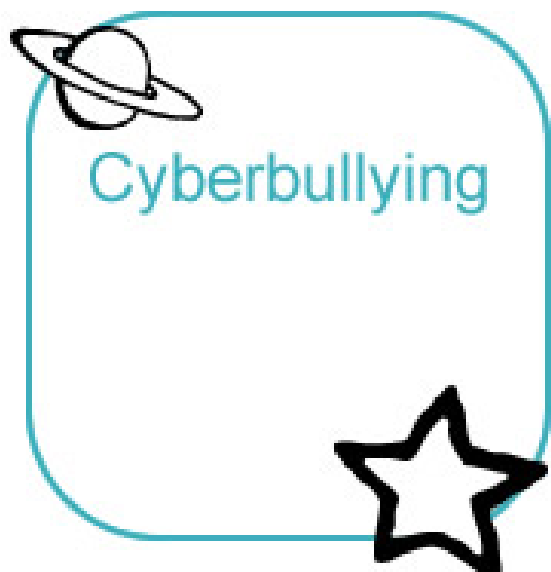


Inappropriate conduct





Inappropriate conduct



What is Cyberbullying?

How and where can you be Cyberbullied?

[What is cyberbullying? - CBBC - BBC](#)



Top tips



Advice on online bullying

Discuss online bullying with your child - teach the importance of online respect and make sure they know they can talk to you if they have any worries or concerns.

If they are a victim of this type of behaviour:



Do save the evidence



Do report to your school/ the police



Do use online tools to report and block the perpetrator.



Don't deny your child access to a device or service. They may feel punished when they're already the victim.



Don't retaliate.

Sexualisation

Young people can feel under pressure to display sexual behaviour online, such as sharing personal information or images. This pressure can come directly from peers or partners, or indirectly through the commercialisation of sex in mainstream media and marketing industries. When using the internet, this can motivate young people to:

- post private images of themselves on social media;
- perform sexual acts over webcam, send sexually explicit photographs to another person or pressurise others into doing so;
- search for pornographic images and videos.

Dealing with 'SEXTING'



15-40%
of young people
are involved in
sexting

Threat comes
mostly from **peers**
and is often
coercive


- **What to talk about**
 - It's hard to control where images might be shared
 - It's illegal to create or share a sexual image of a child under 18
- **Top tips / tools to use**
 - The T-shirt test – if you wouldn't wear the picture on your T-shirt, don't share online
 - If you child is involved in sexting contact CEOP & Childline who can help to remove images


Advice on nudes and sexting

Discuss sexting with your child - ensure they know that once this kind of content gets out there, it's very difficult to get it back and the consequences of this can be very upsetting.

Make sure they know they can talk to you if they have any concerns or worries.
Try to remain reassuring and non-judgemental.

With younger children, discuss which parts of their body should be kept private.

 **Do** seek advice from your child's school if you need further support.

 **Do** report to the Police or CEOP if you have any suspicions about the involvement of an adult or think you child has been coerced.




Making a report

Look out for these symbols on the post, comment or user profile you want to report



ROBLOX

Fill out the form with as much detail as possible and press send to inform the platform's safety team.

 We use your feedback to help us learn when something isn't right.

Choose a reason for reporting



Choose a reason for reporting this post

Recent hate incidents in your area

Graphic, highly violent or activity, dangerous or unethical organisations

Copyright or trademark infringement

Follow up inadequate responses to reports on other services here:



The screenshot shows the homepage of the 'REPORT HARMFUL CONTENT' website. At the top, there is a navigation bar with a 'Report' button and an 'Advice' button. Below this, a heading reads 'We can help you report:'. Underneath, there are eight circular icons representing different types of harmful content: Threats, Impersonations, Bullying or Harassment, Self-Harm or Suicide Content, Online Abuse, Violent Content, Unwanted Sexual Advances, and Pornographic Content. A 'Find out more' button is located below these icons. At the bottom of the page, there is a section with logos for ACT (Action Against Child Trafficking), IWF (Internet Watch Foundation), and a 'Report Sexual Abuse' button.

reportharmfulcontent.com



Report any suspected grooming to CEOP:

The screenshot shows the CEOP website's reporting page. At the top, there is a dark blue header with the CEOP logo on the left, the text 'Child Exploitation and Online Protection' in the center, and a red button labeled 'Quick exit' on the right. Below the header, the main content area has a white background. The central text reads: 'Are you worried about online sexual abuse or the way someone has been communicating with you online?'. Below this, it says 'Make a report to one of CEOP's Child Protection Advisors'. There are three grey boxes with blue headers: 'Should I make a report to CEOP?', 'What happens when I make a report?', and 'How can CEOP help me?'. Each box contains a brief explanation and a link. At the bottom of the main content area, there is a yellow button labeled 'Make a report' with a pencil icon. Below the button, there is a small text block: 'If you have been a victim of abuse, online abuse or groomed, or if this is happening to someone you know, let us know safely and securely.'

ceop.police.uk

S

SAFE

Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and password.



M

MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.



A

ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE

Someone online might lie about who they are, and information on the Internet may not be true. Always check information with other websites, books or someone who knows.



T

TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk





The screenshot shows a web browser window with the URL www.childnet.com/resources/digiducks-big-decision. The page features the Childnet International logo and navigation links for Young people, Teachers and Professionals, Parents and Carers, Press and Policy, What we do, New for Schools, and Support Us. The main content area is titled "Digiduck's Big Decision" and includes an illustration of a yellow duck sitting at a desk with a laptop, surrounded by other animals. Below the title, it states: "A brilliant e-safety resource for young children. Help arrives just in time for Digiduck® when faced with a difficult decision! Follow Digiduck® and his pals in this story of friendship and responsibility online. The Digiduck® collection has been created to help parents and teachers educate children aged 3 - 7 about how to be a good friend online. The collection now includes a book, PDF and interactive app." There is a "Back to resources" link and a "You can also order me in the shop" button with a shopping bag icon. At the bottom, it says "Digiduck® is a Registered Trademark" and "Why not book a Childnet visit?". The browser's taskbar at the bottom shows various application icons and the system clock indicating 17:39 on 04/03/2017.

<https://www.childnet.com/resources/digiduck-stories/>



Pages - Home Kris Hiscock - Outlook We... Thinkuknow - home Smartie the Penguin - Chil... +

www.childnet.com/resources/smartie-the-penguin childney

Resources Shop Blog Contact us My Account

Childnet International

Young people Teachers and Professionals Parents and Carers Press and Policy What we do New for Schools Support Us



Smartie the Penguin

← Back to resources

An e-safety story for 3 to 7 year olds.

Join in with Mummy Penguin's song and follow the adventures of Smartie the Penguin as he learns how to be safe on the internet.

The story covers the following 3 themes;

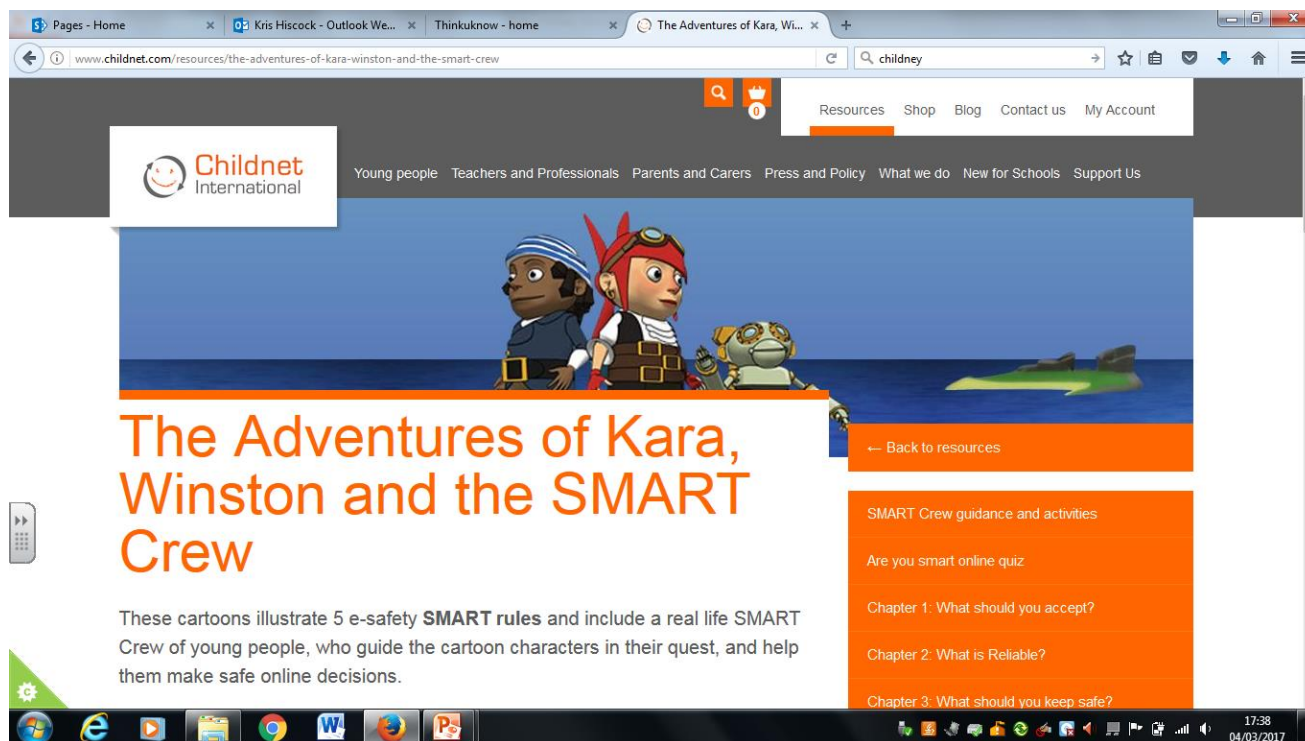
- Pop ups and in app purchasing
- Inappropriate websites for older children

Childnet Activity Days



17:40 04/03/2017

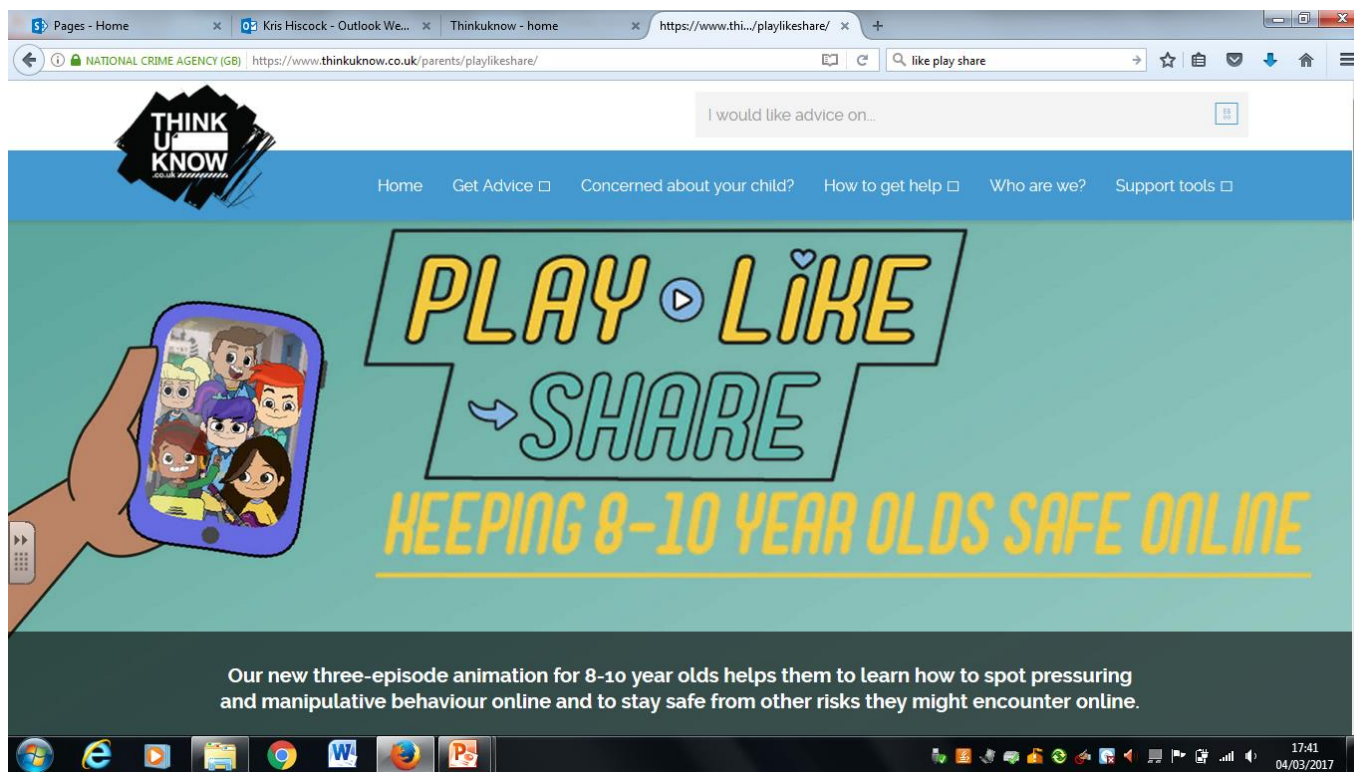
<https://www.childnet.com/resources/smartie-the-penguin/>



<https://www.childnet.com/resources/the-adventures-of-kara-winston-and-the-smart-crew/>



<https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/>



<https://www.thinkuknow.co.uk/parents/playlikeshare/>



Resources

SMART Video Lessons

Six easy-to-follow videos on key online safety messages for parents, carers and professionals to watch together with children aged 6-9 years old.



<https://www.childnet.com/resources/video-lessons/>

Resources

Moving on up!

Toolkit with videos and lesson plans for adults helping young people aged 10-13 with the online aspects of moving to secondary school.



<https://www.childnet.com/resources/moving-on-up/>



Home Safety Activities

Support your children and enjoy being safer online as a family, using our home activity sheets and films on a range of online safety topics.

<https://www.thinkuknow.co.uk/parents/home-activity-worksheets/>