



Home survival weekly plan Term 6 week 3.

Dear parents,

We hope that you are all doing well and have had a good week. We hope that those children who returned to school this week, have enjoyed their time learning and seeing some of their friends. Thank you so much to all of you at home who are continuing to support your children so well. Please find the work for next week that we are setting for both school and home. We hope that you all have a lovely weekend.

Many thanks,

Mrs Nash, Mrs Healey and Mrs Turpie.

	Monday 15th	Tuesday 16th	Wednesday 17th	Thursday 18th	Friday 19th
Hand writi ng	Letter <i>f</i> Remember to practice your letters cursive ly and to keep them on the line	Letter <i>s</i> Remember to practice your letters cursive ly and to keep them on the line.	Letters, <i>nd</i> Remember to practice your letters cursive ly and to keep them on the line.	Letters <i>nd ld</i> , Remember to practice your letters cursive ly and to keep them on the line.	Letters <i>f, s, nd</i> , <i>ld</i> Remember to practice your letters cursive ly and to keep them on the line.

<p>Phonics</p>	<p>Recap. oo,oo, ar, or, air,</p> <p>Sound for today ir 'whirl and twirl'</p> <p>Say the sound together and write it down. Say each of the words below and fred talk the sounds you can hear in the word and write the word down.. (girl, bird, whirl, third, twirl, dirt). Challenge- write a sentence including one of these words using the correct punctuation.</p> <p>If time- are there any other words that have the ir sound in them?</p>	<p>Recap oo,oo, ar, or, air and ir</p> <p>Sound for today ou 'shout it out'</p> <p>Say the sound together and write it down. Say each of the words below and fred talk the sounds you can hear in the word and write the word down. (book, look, cook, foot, hook, crook, stood, hooded). Challenge- write a sentence including one of these words using the correct punctuation.</p> <p>If time- phonics play ou buried treasure</p>	<p>Recap oo,oo, ar, or, air</p> <p>Sound for today oy 'toy for a boy'</p> <p>Say the sound together and write it down. Say each of the words below and fred talk the sounds you can hear in the word and write the word down. (car, bar, tar, cart, star, farm, barn, park, start, sharp, harm, starfish). Challenge- write a sentence including one of these words using the correct punctuation.</p>	<p>Recap oo,oo, ar, or, air</p> <p>Sound for today ea 'cup of tea'</p> <p>Say the sound together and write it down. Say each of the words below and fred talk the sounds you can hear in the word and write the word down. (for, sort, torch, torn, horn, sport, storm, stork). Challenge- write a sentence including one of these words using the correct punctuation.</p> <p>If time- phase 5 ea</p>	<p>Recap oo,oo, ar, or, air</p> <p>Sound for today oi 'spoil the boy'</p> <p>Say the sound together and write it down. Say each of the words below and fred talk the sounds you can hear in the word and write the word down. (air, fair, chair, hair, pair, stairs, repair, hairbrush). Challenge- write a sentence including one of these words using the correct punctuation.</p> <p>If time- phase 3 oi</p>
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		https://www.phonicsplay.co.uk/resources/phase/2/buried-treasure	<p>If time- oy word bingo (either play in class or with at least one other person at home)</p> <p>Write down six of the oy words. Adult to say an oy word and child to cross it out if they have it written done. Winner is the person who has them all crossed first.</p>	https://www.phonicsplay.co.uk/resources/phase/3/picnic-on-pluto	https://www.phonicsplay.co.uk/resources/phase/3/dragons-den
Reading	<p>Oxford Owls Reading tree ebooks 5-6</p> <p>Book band colour blue Read No tricks Gran Oxford level 4</p>	<p>Oxford Owls Reading tree ebooks 5-6</p> <p>Book band colour blue Painting the loft Oxford level 4</p>	<p>Oxford Owls Reading tree ebooks 5-6</p> <p>Book band colour blue Plants for dinner</p>	<p>Oxford Owls Reading tree ebooks 5-6</p> <p>Read Write Inc level yellow Bushcraft</p>	<p>Oxford Owls Reading tree ebooks 5-6</p> <p>Read, write, inc level yellow No way</p>

<p>Spag</p>	<p>https://www.youtube.com/watch?v=6KuSl9eXgpk</p> <p>The tiny hermit crab loves his new shell and doesn't want to share it at first in the story. Have you got a favourite toy you really love and find hard to share? Can you draw a picture of it and write sentences about what makes it special to you?</p> <p><i>Focus on capital letters and full stops. Can you use joining words 'and' and because to explain your reason?</i></p>	<p>Design an even bigger shell for the hermit crab and his friends to share. Write some sentences to describe the new design.</p> <p><i>Focus on capital letters and full stops. Can you use joining words 'and' and because to explain your reason?</i></p>	<p>In the story the hermit crab shares his home with his friends. Who do you share your home with? Write about who lives in it with you.</p> <p><i>Focus on capital letters and full stops.</i></p>	<p>The rock pool is the habitat where the 3 sea creatures live. Research creatures that live in rock pools. What information do you want to find out? Write questions and use the information to find the answers.</p> <p><i>Focus on question marks at the end of the sentence.</i></p> <p>https://www.twinkl.co.uk/resource/ks1-all-about-rock-pool-creatures-powerpoint-t-sc-2549317</p>	<p>Use the information you found yesterday to make a fact sheet for the creatures that live in the rock pools. Write information about your creature and draw a picture.</p> <p><i>Focus on capital letters and full stops.</i></p> <p>https://www.twinkl.co.uk/resource/ks1-all-about-rock-pool-creatures-powerpoint-t-sc-2549317</p>
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<p>Mental maths</p>	<p>Try this super movers video. It is to help us remember tens and ones.</p> <p>https://www.bbc.co.uk/teach/supermovers/ks1-maths-digits-&-numbers-with-marlon-wallen/zfyjbdm</p>	<p>What is an even number? Watch video to remember the even numbers. https://youtube.com/Ei19HMnIBxM Now write the numbers down - what is the pattern?</p>	<p>Daily 10. Try ordering with the largest first. Try to see if you can answer the questions with a timer.</p>	<p>What is an odd number? Look at a number line and ask the children to highlight the even numbers (from Tuesday activity) What are the other numbers called? Odd. Try to join in with the video. https://youtube.com/x1EGRUXmNdY</p>	<p>Daily 10 https://www.topmarks.co.uk/maths-games/daily10 Try addition number sentences with a digit missing.</p>
<p>Maths</p>	<p>http://www.bbc.co.uk/teach/supermovers/ks1-maths-fractions-with-joe-tracing/zmjy2sg</p> <p>LO- to be able to find half of a number.</p> <p>Work through White Rose powerpoint Year 1</p>	<p>LO- to be able to find half a number.</p> <p>Work through Classroom secrets powerpoint Lesson 4 find a half (2)</p> <p>Activity - Finding half (classroom secret activity to link in with PowerPoint).</p>	<p>https://www.topmarks.co.uk/maths-games/hit-the-button recap finding half of 10. If able extend to larger numbers.</p> <p>LO- to be able to find a quarter of a number</p>	<p>LO- to recap tens and ones.</p> <p>Explain that we looked at partitioning a number into tens and ones at the beginning of Year 1, but we are going to go over it again over the next couple of days.</p>	<p>Practice place value number again. Children to write down what they think the number is before it is revealed to them.</p> <p>https://www.twinkl.co.uk/resource/t-n-2326-place-value-dienes-activity-</p>

	<p>Finding half (2). Chn to record answers on whiteboard/ in books</p> <p>Work through Classroom secrets Year 1 fractions Lesson 3 find a half (practical). Work through together and Chn to record answers on whiteboards in books.</p> <p>Chn to use practical resources (e.g. blocks, cubes etc) if needed.</p>		<p>Work through White Rose powerpoint Year 1 Finding a quarter (2) Work through and answer together.</p> <p>If time give children a number and ask them to find half/ quarter of that number using resources to support.</p>	<p>https://www.twinkl.co.uk/resource/t-n-1844-maths-magician-partitioning-tens-units-powerpoint</p> <p>Work through together.</p> <p>Give chn a number/ turn over a number card and record the number of tens and ones. You could use tens and ones to help you to make the number first or could draw the number (lines for tens and circles for ones).</p>	<p>powerpoint-tens-and-ones</p> <p>Work through classroom secrets powerpoint tens and ones together.</p>
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<p>Mindfulness</p> <p>At school to do in any order depending on when you have outside time.</p>	<p>Activity I am thankful</p> <p>Talk about what thankful means. Close your eyes and think of at least three things that you are thankful for. Take three big mindful breaths. Share with your class/ people at home what those things are</p> <p>Draw pictures of all the things you are thankful for.</p>	<p>Going on a safari mindfulness activity</p> <p>Go outside on an exciting adventure. As you walk put all of your senses to work by paying close attention to your environment. Notice the feel of the air on your skin, notice the sound of the ground as you walk and pay attention to all of the little movements and sensations.</p> <p>As you walk, you can also try picking up a small rock or touching a plant or flower. Notice the bugs or the</p>	<p>Outside activity treasure hunt</p> <p>Go outside can you find....</p> <p>3 different colour leaves A petal An unusual stone A snail shell Something yellow Something spiky Something smooth Something tiny Something grey Draw a picture of a bird/ mini beast that you see.</p>	<p>Recap the mindfulness breathing from last week.</p> <p>Breathe in to a count of four, and hold the breath for a count of four. Then breathe out to a count of four, and wait for a count of four before breathing again.</p> <p>2. Sphere Breath Put your fingertips together and form a sphere with your two hands. As you inhale, inflate the sphere. As you exhale, flatten your hands together. Imagine your belly filling</p>	<p>Share Ruby's worry by Tom Pervical</p> <p>https://www.youtube.com/watch?v=NajPK4wgI8I</p> <p>Talk about what happened in the story and what Ruby did to make herself feel better and calmer. Talk about things we do or can do to help keep us calmer and feel less anxious in times of worry.</p> <p>Draw pictures of things we can do if feeling stressed or worried.</p> <p>If time choose a cosmic kids</p>
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		<p>birds. Take a moment to kneel down and touch the earth. Walk mindfully paying close attention to everything. Make sure you walk in silence because you want to notice all those little details. Sit down and close your eyes and think about all the things you can hear. Draw a picture of all those things.</p>		<p>with air as your hands expand to form a sphere.</p> <p>3. Darth Vader Breath Kids love this one. Breathe in deeply through your nose. Keeping your mouth closed, exhale while you make a "Darth Vader"-type noise in the back of your throat.</p> <p>4. Shoulder Roll Breath Take a deep breath in through your nose and roll your shoulders up to your ears as you inhale. Breathe out through your mouth and roll your shoulders</p>	<p>mindfulness activity to do.</p>
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down as you exhale. Repeat slowly in a continuous movement of shoulder rolls, timed with the breath.

5. Mountain Breath

This breath can be done sitting or standing. As you inhale through your nose, raise your arms as high as you can and bring your palms together high over the top of your head.

Imagine you are as tall as a mountain. As you exhale through your mouth, bring your palms together in front of your chest.

				<p>Mandala mindfulness colouring</p> <p>https://www.twinkl.co.uk/resource/t-t-23878-mandala-themed-mindfulness-colouring-sheets</p>	
PE	<p>Think about positional language - left, right forwards, backwards, sideways. Adult to demonstrate</p> <p>Adult to be giving the instructions and the children to be the robots. Children to follow the given instructions (e.g. take three steps forwards, take two steps to the left etc) and move as directed. Children take it in turns to give the directions for others to follow.</p>	<p>Think about positional language whole turn, half turn, quarter turn. Clockwise/ anti-clockwise Adult to demonstrate.</p> <p>The adult outside to give a turning instruction. Children to follow. Children to give instructions and to check that people are following them correctly.</p>	<p>Choose an activity from cosmic kids yoga to try out and enjoy</p>	<p>Running games</p> <p>Traffic lights</p> <p>Bean game</p> <p>Top gear game (from last week)</p>	<p>Go noodles</p>

