

WHILST CARRYING OUT PE/SPORTS AT HOME, REMEMBER THESE VALUES...



Passion...

Giving it 100%, putting your heart and soul into the game and never giving up. Passion makes you enter the race and passion makes you finish it.



Self-belief...

You've got to believe to achieve. Have the self-belief and confidence to succeed and reach your personal best.



Respect...

For the referee, for the opposition, for your team mates, for yourself and for The Game. Accepting victory and defeat with grace, treating others politely and with understanding. Respect every day, in every sport and for everyone.



Honesty...

With others and with yourself. Have the courage to do the right thing and what you know is right. Let the best person win, not the best cheat!



Teamwork...

Treating every one equally, supporting each other and working together to have fun and achieve. Celebrate each other's success and be a positive team player.



Determination...

Never giving up on trying to achieve your goals. Putting in 100% even at difficult times and being the very best they can be.