

# Home survival weekly plans

## Year 2

Ideas for activities at home - week commencing 20<sup>th</sup> April 2020.

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Handwriting</b>	<b>Trigraph: igh</b>  Practise on its own then in these words:  tonight sight light fright might	<b>Trigraph: ear</b>  Practise on its own then in these words:  hear beard tear year fear	<b>Trigraph: air</b>  Practise on its own then in these words:  chair stairs repair hair fair	<b>Trigraph: ure</b>  Practise on its own then in these words:  pure sure secure mixture capture	<b>Trigraph: tch</b>  Practise on its own then in these words:  catch match fetch sketch scratch
<b>Reading</b>	Read your own book for 15 mins.	Read your own book for 15 mins.	Read your own book for 15 mins.	Read your own book for 15 mins.	Read your own book for 15 mins.
Listen to the story of Billy and the Beast by Nadia Shireen. <a href="https://www.youtube.com/watch?v=uBpr_YOcX5c">https://www.youtube.com/watch?v=uBpr_YOcX5c</a> Complete the 60 seconds reading comprehension based on the story - see ClassDojo.					
<b>Spag</b>	<b>What is a noun?</b> List 3 nouns and write them in a sentence.	<b>What is an adjective?</b> List 3 adjectives and write them in sentence.	<b>What is a verb?</b> List 3 verbs and write them in sentence.	<b>What is an adverb?</b> List 3 adverbs and write them in sentence.	<b>What is a contraction?</b> List 3 contractions and write them in a sentence.
<b>Spellings</b>	<b>Spelling words that end in -el/-le:</b> The -el spelling is less common than -le. -le is mainly used after m,n,r,s,v,w and sometime after s. -el is mainly used after b,c,d,f,g,k,p,st,t,z				
	Learn these two words - write them in a sentence:  <b>camel</b> <b>tunnel</b>	Learn these two words - write them in a sentence:  <b>travel</b> <b>towel</b>	Learn these two words - write them in a sentence:  <b>candle</b> <b>struggle</b>	Learn these two words - write them in a sentence:  <b>sprinkle</b> <b>double</b>	Test yourself: <b>camel</b> <b>tunnel</b> <b>travel</b> <b>towel</b> <b>candle</b> <b>struggle</b> <b>sprinkle</b> <b>double</b>
<b>Literacy</b>	Create a mini book all about the 7 continents. Use the template provided on ClassDojo or make your own. Write a few facts about each continent - 1 or 2 continents a day. You could write about how big it is, how hot/cold it is, famous places and/or the types of animals that live there.				

Maths	Please read and see all linked Shape Powerpoints and activities on Class DOJO to help you to understand the 2D shape terms and concepts.				
	Draw pictures of these 2D shapes using a ruler: square, triangle, rectangle, pentagon, hexagon. And octagon. Count the number of sides and vertices (corners/angles).	Can you find pictures of or draw circles, ovals and semi-circles. Describe their properties.	Can you find out what these words mean and give examples of 2D shapes that belong to each group:  <b>regular</b> <b>irregular</b> <b>polygon</b> <b>quadrilateral</b>	Can you explore lines of symmetry on 2D shapes by cutting them out and trying to fold them in half and by using a mirror. How many lines of symmetry does each 2D shape have?	
Time tables	Count in 2s Forwards and backwards	Practise the 2x tables	Practise the 2x tables linked division facts	Revise 2x tables and division facts	2x table test on Class Dojo
Science	<u>Living Things and Their Habitats</u> Can you in your home and in your garden/ balcony/ window-box/ door-step or while you are taking a walk (daily exercise) find things that are: living, things that are dead and things that have never been alive. Draw and label them. See linked activities on Class Dojo.				
Star	The 7 continents and 5 oceans of the world				
	Watch the following clips: <a href="https://www.youtube.com/watch?v=K6DSMZ8b3LE">https://www.youtube.com/watch?v=K6DSMZ8b3LE</a>  <a href="https://www.youtube.com/watch?v=X6BE4VcYngQ">https://www.youtube.com/watch?v=X6BE4VcYngQ</a>  <a href="https://www.youtube.com/watch?v=KDosftdoOrY">https://www.youtube.com/watch?v=KDosftdoOrY</a>  Can you label the 7 continents and 5 oceans of the world on a map? Check ClassDojo for a template or make your own one from a globe or world map.	Play the following matching games (choose continents and oceans):  <a href="https://world-geography-games.com/world.html">https://world-geography-games.com/world.html</a>  Can you match the picture to the continent/ ocean?	Research an animal that lives in the Atlantic Ocean - make your own picture of it. You can draw, paint, make a lego model, collage, etc. You could even label it!		
R.E./PSHE	<u>Practise Mindfulness:</u> Put simply, mindfulness is "to pay attention, on purpose, to the present moment". A five or ten-minute daily mindfulness practice can see children reduce stress and anxiety, increase concentration and engagement, sleep better, improve social skills, and develop problem-solving and decision-making skills. Try these 3 activities:				

	<p><b>Mindful Posing</b></p> <p>One easy way for children to dip their toes into mindfulness is through body poses. To get your child excited, tell them that doing fun poses can help them feel strong, brave, and happy.</p> <p>Have your child go somewhere quiet and familiar, a place they feel safe. Next, tell them to try one of the following poses:</p> <ol style="list-style-type: none"> <li>1. The Superman: this pose is practiced by standing with the feet just wider than the hips, fists clenched, and arms reached out to the sky, stretching the body as tall as possible.</li> <li>2. The Wonder Woman: this pose is struck by standing tall with legs wider than hip-width apart and hands or fists placed on the hips.</li> </ol> <p>Ask your child how they feel after a few rounds of trying either of these poses. You may be surprised.</p> <p><b>Mindful Colouring:</b></p> <p>Can you get your child to draw a beautiful rainbow and to concentrate on each line of colour and also reflect on all of the people who are caring and looking after us at this difficult time. They could add a slogan like 'Stay at home' or 'I love our NHS' and then display their rainbow on a window.</p> <p><b>Mindful Safari:</b></p> <p>Ask children to remain quiet, calm their thoughts and move slowly while on this Safari. Tell them to turn their sense of sight, touch and sound onto high.</p> <ul style="list-style-type: none"> <li>• Search for beautiful natural objects to explore. <ul style="list-style-type: none"> <li>- What does it look like?</li> <li>- What colour is it?</li> <li>- What does it smell like?</li> <li>- Can I touch it?</li> <li>- What does it feel like?</li> </ul> </li> <li>• Search for mini-beasts and other creatures that move. <ul style="list-style-type: none"> <li>- When they find a creature, encourage students to watch the creature in silence for as long as they would like to. <ul style="list-style-type: none"> <li>- What does it look like?</li> <li>- How does it move?</li> <li>- What colours can you see on its body?</li> </ul> </li> </ul> </li> </ul> <p>Visit this site for more mindfulness ideas:  <a href="https://www.teachstarter.com/gb/blog/classroom-mindfulness-activities-for-children-gb/">https://www.teachstarter.com/gb/blog/classroom-mindfulness-activities-for-children-gb/</a></p>
P.E.	<p>Choose an activity or do all three!</p> <ol style="list-style-type: none"> <li>1. At 9am each morning, do a 30 minute PE lesson with Joe Wicks at: <a href="https://www.youtube.com/thebodycoachtv">https://www.youtube.com/thebodycoachtv</a></li> <li>2. Make up a dance to your favourite song.</li> <li>3. Play a ball game in the garden.</li> </ol>