



# Home survival weekly plan

EYFS Ideas for activities at home week commencing 30th March 2020

Hello to all our little caterpillars and fish. We hope you are being super amazing at home; helping, listening, learning and resting.  
We miss you loads and loads. Have a good week ☺

	Monday	Tuesday	Wednesday	Thursday	Friday
Handwriting Practice precursive	Name writing  q x	Name writing  th sh	Name writing  nk nk	Name writing  ch qu	Name writing Write cvc words – cat mat fat
Phonics (one a day)	<ul style="list-style-type: none"> <li>Think of words with these sounds in them.</li> <li><b>TRICKY WORDS</b> – find and sing tricky word song on you tube ‘<a href="#">Tricky Words and Sight Words Song</a> YouTube Epic Phonics</li> <li>Hide your red tricky word cards around the house – Play hunt the tricky word – where did you find it what does it say.</li> <li>If you have access, play a game on <a href="http://www.phonicsplay.co.uk">www.phonicsplay.co.uk</a></li> </ul>				
Maths (one a day)	<p style="text-align: center;"><b>Focus – Time</b></p> <ul style="list-style-type: none"> <li>Make a visual/picture timetable of your day – wake up; have breakfast; clean teeth; get dressed etc etc</li> <li>Sequence an activity e.g how to wash your hands !</li> <li>Time yourself washing your hands</li> <li>Time how long it takes to find the red tricky words around the house</li> <li>How many times can you write your name in 1 minute/30 seconds /2 mins etc – vary the times – predict how many; do you think you will write more names in 1 minute than in 30 seconds – why? Test ; compare your results</li> </ul> <p style="text-align: center;">Talk talk talk – about time – recite the days of the week – how many days in a week- how many seconds in a minute etc etc</p>				
Creative	Make a den using duvets/throws/blankets/chairs – play games with your cuddly toys inside OR a miniature den using lego/duplo/empty packaging – what can you fit inside – a small toy animal				
Active (one a day)	If possible access: <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a> <a href="https://www.youtube.com/user/GoNoodleGames">https://www.youtube.com/user/GoNoodleGames</a> <a href="https://www.youtube.com/user/SadayTV">https://www.youtube.com/user/SadayTV</a>				
	Bucket Toss – How many times can you get a ball in bucket?	Balance Beam Draw a line on the floor (or use tape)- can you follow it without falling off!	How many bunny jumps can you do in a minute?	Hula Hoop – time yourself OR Do 10 sit ups	Skip on the spot or around the garden/room.
Scientific	Floating and sinking – experiment with items in your house; find out whether they float or sink.				
Literacy	Write a set of instructions for hand washing.				
Reading	Reading for 10 minutes daily				
Story time	Share at least one story with your child daily				
Additional/ extension ideas	Make a junk model boat that will float in the bath; write a daily sentence about your activities; record your ‘timed’ activities; learn to read o’clock and half past; log your work this week with photos				