

# Year 1 Anti-bullying Workshop



Think of things that your friends  
do that make you happy.

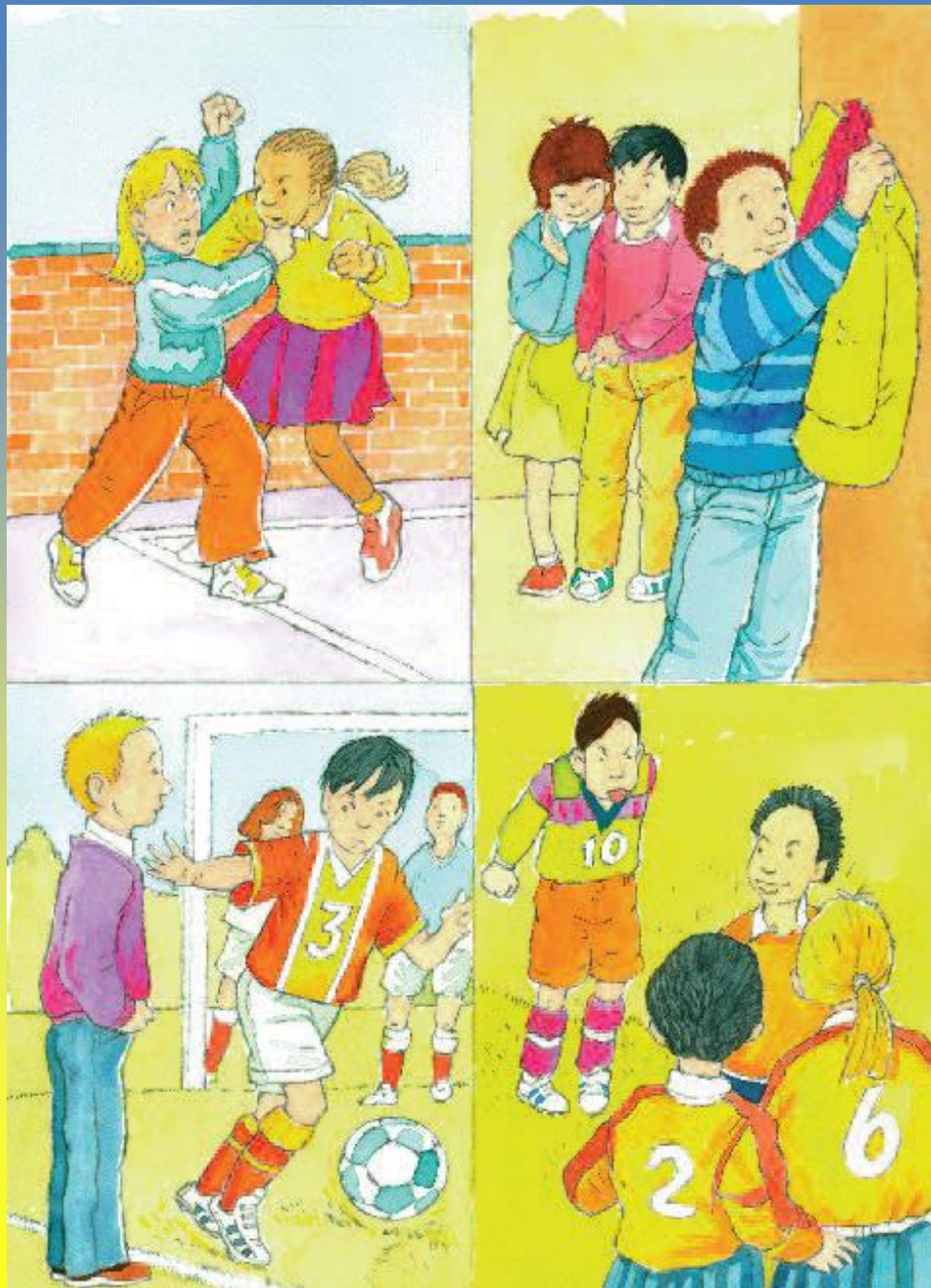
Share with someone next to you.



Think of things that other people might do that makes you feel sad.

Share with someone next to you.





What is happening in each of these pictures?

Will it be making someone feel happy or sad?

is it  
BULLYING?

When someone says or does something  
*unintentionally* hurtful  
and they do it once, that's  
**RUDE.**

When someone says or does something  
*intentionally* hurtful  
and they do it once, that's  
**MEAN.**

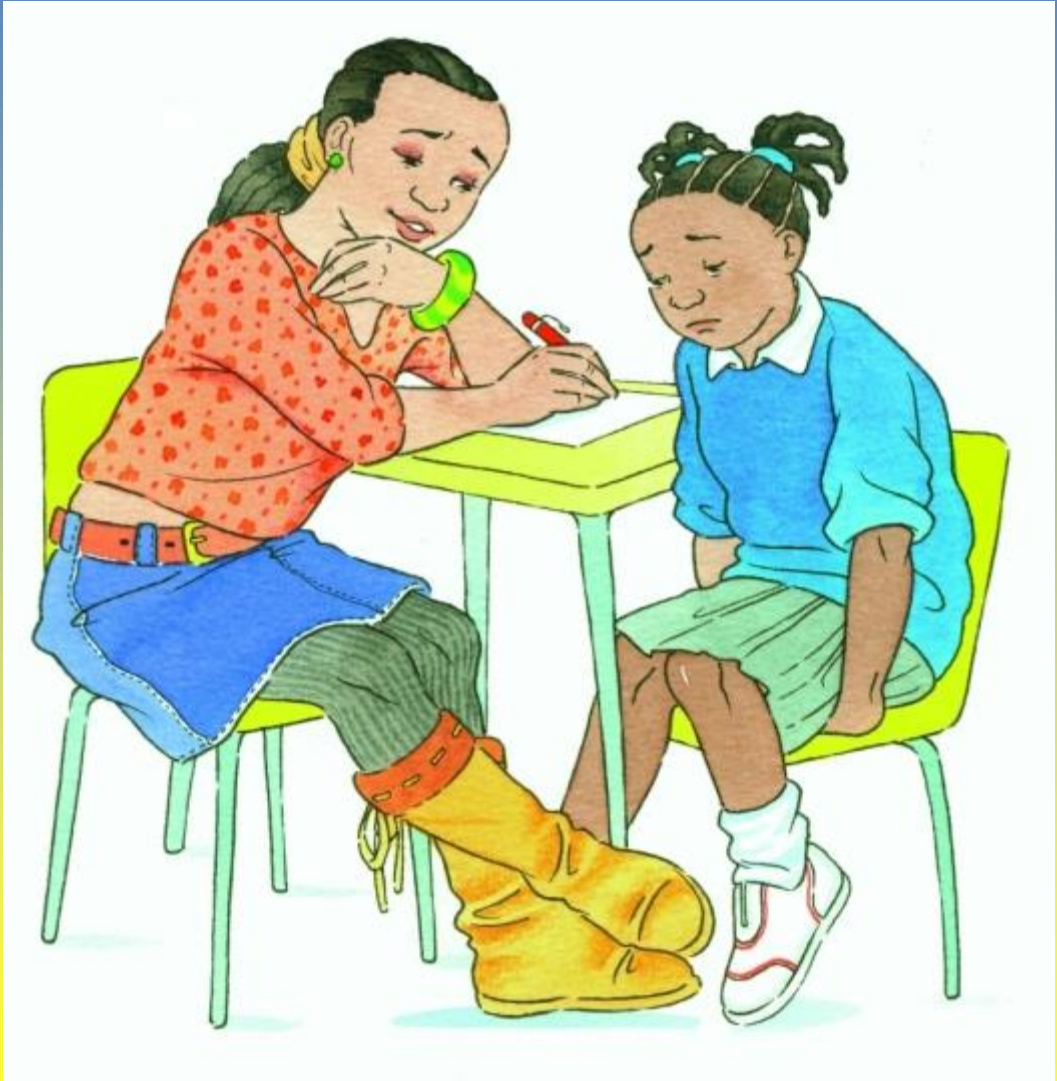
When someone says or does something  
*intentionally* hurtful and they *keep doing it*—  
even when you tell them to stop or show  
them that you're upset—that's  
**BULLYING.**

Where might someone be rude or mean to  
you?

When might someone bully you?

How might they bully you? What things  
may they do?











How can we help ourselves if  
we think that we are being  
bullied?

How can we help somebody  
else if we think that they are  
being bullied?



# TELL!

.....but who could you tell?



# Who can you tell?

- Teacher
- Support staff
- Office staff
- Midday meal supervisor
- Anti-bullying box
- Parents
- Brothers and sisters
- Friends
- Someone that you trust

Watch this film.....

<https://www.bbc.co.uk/bitesize/clips/zkhmhyc>

