



The Craylands School Newsletter

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Term 6 Issue 1

Fri 7th June

Dear Parents/Carers,

Welcome back to the final term of the year; I do hope that you all had an enjoyable half term break.

We have had a busy start to the term and it is only due to get busier with lots of events that take place in the summer term coming up including sports day, jump up day, Year 6 residential and multi-cultural week.

This week has been particularly busy. Yesterday, the Year 1 children and their teachers visited Hastings as part of their topic 'I do like to be beside the seaside'. Whilst there, they visited the aquarium to see some of the different sea creatures and they spent some time on the beach. Despite a delayed start to the trip, the children and staff had a great day out, learning lots that they can bring into the classroom. A big thank you to the staff for organising and to you for your understanding with the events that happened before the trip.

We had a non-uniform day on Wednesday. A huge thank you to all those who donated items for the Friends of Craylands summer fair which is taking place on Saturday 15th June. Starting at 12pm the fair will be full of fun activities including inflatables and a demonstration from Eagle Heights.

On Monday, our reading jungle commences. This will run alongside the children's regular reading books that they can get from the class book corners. The books on offer are high quality texts that will develop your child's 'love' for reading. Please see the attached letter regarding when you are able to visit the reading jungle to select a book.

Please find attached the responses to the healthy lunch survey; we will use these to devise an action plan for encouraging healthy eating and living.

This week, the healthy school ambassadors have met during their lunchtimes to discuss plans for 'Healthy Eating Week' which will take place next week. In assembly this week, I discussed with the children the traffic light system that you can see on many food labels and how we can use this to identify those food items that are healthy for us and those that we shouldn't eat too much of. We have been asking those with packed lunches to place their food wrappers into a box and we have begun to sort them into those with green and orange colours and those with lots of red on them. We will then be able to advise as to which food items, you may want to try to find swaps for. Please see the attached letter to find out what else we will be looking at during the next week.

Apologies for any confusion caused over archery club this term. Originally, archery club was due to take place in term 5 only, as I planned to lead on the open allotment sessions. However, as no-one came to the allotments yesterday and there were a large number of children who thought it was on, I ran the session. I will be able to run the session for the next two Thursdays, after which it will stop.

If anyone wants to come along to the allotment open session next Thursday, please do so; Mrs Drake will run it. If no-one attends, we will not run it the following week as previously planned.

Wishing you and enjoyable weekend.

Mr Hiscock (Headteacher)

Upcoming Events

13/6/19	After school allotment open until 3.50pm
15/6/19	Summer fair
17/6/19	Yr 5&6 reading morning
18/6/19	Yr 1 reading morning
19/6/19	Yr 2 reading morning
20/6/19	Yr 3 & 4 reading morning
24-28/6/19	Y6 residential
4/7/19	Sports day KS1 am KS2 pm
10/7/19	KS2 production 6.30pm
11/7/19	KS2 production 6.30pm
12/7/19	Reports home
17/7/19	Opportunity to meet teachers to discuss reports
23/7/19	Year 6 leavers assembly 2.15pm
23/7/19	Last day of school year

Reminders and Info

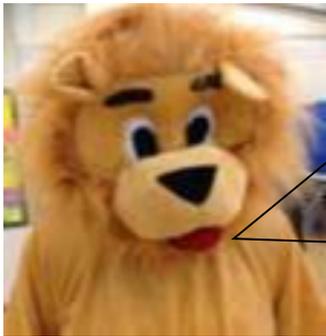
Holiday in term time may result in a penalty fine; these are £120 per child per parent, reduced to £60 if paid early enough.

If you wish to enquire about gymnastic classes after school please email: Danielle@dljsportscoaching.com or check out their website: www.dljgym.com

Lenny's letter

Each week, this newsletter will celebrate all those at The Craylands School who received a Craylearner certificate, R.O.A.R. certificate, those chosen to be a WOW writer, SUM DOG results as well as announcing the weekly team winners.

Our pupils really are champions at Craylands!



Hungry C Eva C Stickman Vinnie L
Rainbow F Stanlietta N Dahl Max F-K
Elmer Gemma R Walliams Nathan S
Funnybones Eva P Horowitz Eray A
Gruffalo Freya R Morpurgo Dylan P

The R.O.A.R. certificates were issued to.....

Hungry C	George W	Stickman	Archie J-S
Rainbow F	Emily A	Dahl	Finlay F
Elmer	Whole class!	Walliams	Jessica S
Funnybones	Whole class!	Horowitz	Oliwia T
Gruffalo	Honey C	Morpurgo	Ellis W

Midday Supervisors Award: Alfie P



This week's winning team is...



To be announced next week
(due to class photos)

This week's HERO (Here Every day Ready On time) Attendance Bear is awarded to ...

**Funnybones, Dahl and
Horowitz Class**



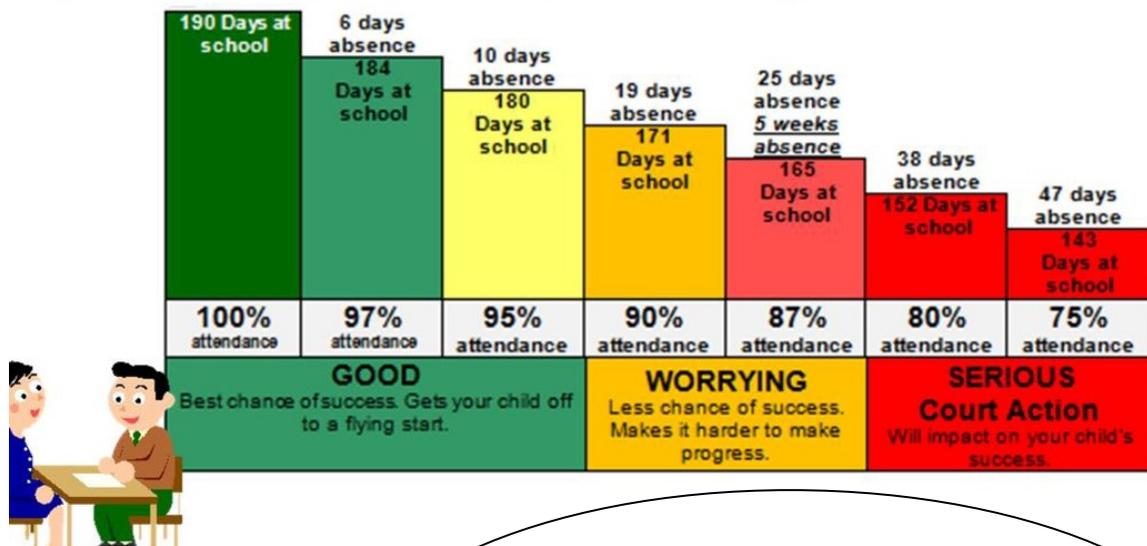
Achievements outside of school...

Callum C (HC) passed his Stage 1 swimming level - well done!

Dassia S (Y4W) passed her British Gymnastics proficiency award level 4 - congratulations!

Sophia A (Y3D) was awarded 3rd position for her solo dance and achieved five 1sts and one 2nd for team dances during dance competitions in half term - congratulations!

Attendance



To be a Craylearner, you need to be in school every day!
100% is what I really want to see!
Less than 96% means you will struggle to be a Craylearner!

Class	Attendance this week	Attendance over the year
Hungry Caterpillar	99.1%	94.8%
Rainbow Fish	95.0%	96.0%
Elmer	97.0%	95.7%
Funnybones	100%	95.6%
Gruffalo	95.8%	95.2%
Stickman	92.9%	96.4%
Dahl	100%	97.3%
Walliams	92.0%	94.9%
Horowitz	100%	96.9%
Morpurgo	98.3%	94.7%

WELL DONE TO..... Funnybones, Dahl and Horowitz Class for having perfect attendance this week!





What have the Craylearners
been learning about this
week?

Year group	Maths	Spag
Rainbow Fish/Hungry Caterpillar	Sharing numbers and finding a half.	Re-telling the story of 'We're Going On A Bear Hunt'. Using a story map to discuss the story.
Elmer / Funnybones	Fractions of a shape and quantity.	Recount using sequential language and applying Y1 spellings.
Gruffalo / Stickman	Adding and subtracting 1 and 2 digit numbers using a number-line.	Character descriptions of the Big bad Wolf and using ment and ness suffixes at the ends of words.
Dahl	Equivalent fractions.	Using nouns, prepositions, adjectives, verbs and adverbs correctly.
Walliams	Statistics using a bar chart and pictogram.	Applying the suffix 'ous' and spelling high frequency words for Y4.
Horowitz	Con-ordinates, reflection and translation.	Revising all taught SPAG in Y5.
Morpurgo	Reasoning and problem solving.	Revising all taught SPAG in Y6.

Times Tables Rockstars

DOWNLOAD THE TIMES TABLES ROCKSTARS APP ON IPADS AND IPHONES—AVAILABLE IN THE APP STORE.



No battle this week....keep practising over the half term!

Try to improve your individual speed over the half term.

Top 5 fastest are...

Chloe (Y6)
Eashan (Y5)
Mr Hiscock
Matthew C (Y6)
Carys (Y5)

Top highest earnings

Frank (Y3)
Chloe (Y6)
Mark (y3)
Isabelle G (Y5)
Ethan (Y6)

This week's 'Battle of the Bands' is between....

Morprugo vs Horowitz

Walliams vs Dahl

Stickman vs Gruffalo

Funnybones vs Elmer



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Headteacher: Mr K Hiscock

6th June 2019

Dear Parents/Carers,

RE: Healthy Lunch survey

Thank you for completing the healthy lunch survey.

Please find attached the results.

We will take some time to look at the results, take on board the responses and comments made and devise an action plan based on them, working with the healthy school ambassadors to devise a policy as a form of guidance for healthy eating.

Many thanks

School council

	Yes	No	Sometimes
Does your child take a packed lunch?	41	38	18
Do you think that your child's packed lunch is healthy?	49	4	12
Would you like some suggestions for healthy packed foods?	31	50	2
Do you think that certain foods should be discouraged from being allowed in packed lunches e.g. crisps, chocolate bars, sweets?	39	32	21
Do you think your child would eat healthily if there was a school incentive?	42	18	18
Does your child drink enough water during the school day?	22	46	23
Should the school have a packed lunch policy where unhealthy food is discouraged and parents/carers contacted when they continue to send their child in with unhealthy food items?	41	34	14
Should children be allowed to give out sweets when it is their birthday?	73	15	7
Instead of sweets, do you think a book donation could be an alternative if you wish to treat the class on your child's birthday?	37	46	10
Any other suggestions/requests? <ul style="list-style-type: none">• Not a strict policy – balance is key e.g. sandwiches, fruit and crisps• Water dispenser in school so children can fill water bottles• Remind children to drink often			

- Allow sweets on birthdays but maybe have a safe list parents can choose from for all children to eat e.g. nut allergies
- End of week treat – child complains others have treats in packed lunches when at previous school they were not allowed; perhaps a treat on a Friday could be given
- Birthday treats could be given out by parents/child on the playground at end of the day
- Children should be allowed to keep water bottles on desks; should not be discouraged from going to toilet
- Remind child to drink water in winter months
- Sweets in moderation is fine – not banning completely
- Should be able to have treats on birthdays – other suggestions good idea.
- Food issues to be made aware to teachers to help solve problems
- Happy for child to have small packet of sweets
- Either be allowed 1 packet of crisps or small choc bar – not both. Replace other with fruit.
- Choc bars shouldn't be allowed in lunch boxes.
- Need to be able to drink water without being told off
- Everything in moderation
- Healthy lunchboxes isn't going to change anything at home.
- Child doesn't drink any water
- If introduce a policy some children may not eat all day
- Kids wish school dinners could be more tasty and fresh
- No policy as some children have food issues
- Book donation good idea but can be expensive
- Regular drinks breaks throughout day with nominated water monitor
- Better children eat something than nothing at all
- Children often told not to drink by class teachers
- Children won't enjoy donating a book
- Shouldn't put children off eating anything
- Parents who send child in with unhealthy lunches could be invited to packed lunch workshop
- Child doesn't eat wraps, bread etc so difficult to find something for them to eat
- I sent bubbles in for child's birthday
- Sweets etc in lunchboxes could be confiscated and given back at end of the day
- Encourage children to make Change4life smart swaps
- Should be no cake, dessert etc or squash at school
- Water incentive for every class
- Exercise as equally important
- School is stepping over into parent's boundaries – should be more concerned with school dinners being served e.g. chocolate pudding, brownies – are these healthy?
- Healthy eating should be encouraged but occasional treats and flexibility needed.
- Difficult for parents with children who are fussy eaters
- A school recipe/lunchbox suggestion each week
- Encouraging healthy eating rather than banning things is best
- Stop bland roast dinners and fish Fridays
- Visit what's being served in school first e.g. rock hard food
- It is parent's decision –would not be happy of school took food out of child's lunch box
- Let children have sweets for birthdays –don't be mean
- Educating people on effects of sugar would be better



6th June 2019

Dear Parents/Carers,

The Craylands School will be participating in BNF Healthy Eating Week from 10-14 June 2019.

The purpose of the Week is to raise awareness of healthy eating and drinking and being active to promote key health messages and habits to young people.

We will be trying some of the BNF Healthy Eating Week challenges during the Week. These are:

- Have breakfast;
- Have 5 A DAY;
- Drink plenty;
- Get active;

We will be supporting your child with the challenges by doing the following; you can also support your child with these challenges:

- Have breakfast as a family every day; our healthy school ambassadors will be tallying who has eaten breakfast throughout the week.
- Send your child in with a piece of fruit to eat at break time and lunchtime; provide them with vegetables for their dinner; they will get a healthy lunch sticker if we see them with fruit or vegetables in their packed lunches.
- We will be encouraging the children to have their water bottles on their desks all next week to encourage them to drink more; our healthy school ambassadors will remind the children throughout the week.
- We will continue to dance at the beginning of assemblies, offer the daily mile at the end of lunch, hold 'Walk on Wednesday' on Wednesday 12th June.

We will also be looking at the wrappers of food in the children's packed lunches to look at the food label traffic light systems to see how healthy the food items the children are eating are. We then hope to advise on those foods that perhaps you could consider making swaps for. See the attached guidance on the traffic light systems.

Summer David Richard Lila Isabella
(Healthy Schools Ambassadors)

Introducing the food label decoder

Use this card to work out what's high, medium and low in fat, saturated fat, sugar and salt.

- Green labels mean the food is **LOW** in one of the above, so will be the healthiest choice.
- Amber means **MEDIUM**, which is fine as part of a balanced diet.
- Red means the food is **HIGH** in something, so try not to eat too much of that.



When to use it

At the supermarket

Check, compare and choose healthier options for the foods you buy while shopping.

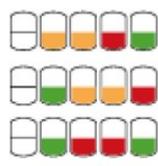
At home

Make a list of those foods with mostly red labels. Take the list shopping with you and find healthier alternatives.

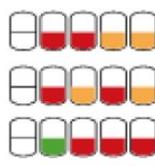
Next time you go shopping aim for as many greens as possible



Nice and healthy.



Okay. Could be healthier.



Uh-oh. Time for a change.

Does red always mean stop?

Usually, yes. But there are some exceptions. For example, cheese is a good source of calcium and protein, even though it's high in fat. And nuts are high in healthy unsaturated fats. So you don't need to cut out cheese and nuts altogether. But you should eat less of them, or eat them less often.

Reading Jungle

Dear Parents/Carers,

Monday 10th June is the launch of our new, exciting reading challenge 'Craylands Reading Jungle'.

Sent home with your child's reading record you should see a reading passport. The challenge is for the children to read as many books as they can from this list alongside their normal school reading books.

All books are available in our reading jungle library, which is held in mobile 1. Below are the times and days each class is invited to come in and choose a book to read at home. We invite you as parents/carers to come and choose with them.

Monday - Funnybones and Dahl

Tuesday - Elmer and Walliams

Wednesday - Gruffalo and Horowitz

Thursday - Stickman and Morpurgo

Each of these days the library will be open from 3:10pm.

Please come in and visit, choose a book with your child and enjoy reading it together at home.

Yours sincerely

Mrs Bishop
Literacy Lead



School Run Project



Walk to School Week figures 2019

	Monday	Tuesday	Wednesday	Thursday
Hungry Caterpillar	9	9	16	15
Rainbow Fish	12	12	14	12
Elmer	14	11	18	13
Funnybones	18	18	17	17
Gruffalo	16	19	22	20
Stickman	13	12	12	9
Dahl	20	23	21	20
Walliams	12	11	15	8
Horowitz	14	22	24	20
Morpurgo	14	15	16	15

During 'Walk to School' week, in most classes, the day that most children walked to school was on Wednesday when we shut the drop off zone.

Think.....do I need to drive to school?

Please do your best to either walk, cycle or scooter to school.

We are happy to store bikes and scooters on this side of the school fence to ensure they are secure.

Make the most of the sunshine and let's reduce the air pollution around our school.