



The Craylands School Newsletter

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Term 3 Issue 1

Fri 4th Jan

Dear Parents/Carers,

Happy New Year—I hope that 2019 brings you and your families lots of happiness!

I hope that you had an enjoyable Christmas break and that you were able to create many new memories with each other. It's always difficult to return to normality after the festive break—remember to come and speak to the Pupil & Parent Support Team if you need to discuss anything that is worrying you or your child.

During the Christmas break, the Department for Education published a list of activities that they think all children should take part in outside of school to enrich their lives further; there is a list for each year group. Whilst many have received these lists as yet another thing we have to fit in, I personally think that the idea behind it is a positive one. I have seen too much of my niece and nephew sitting at a computer screen over the holidays and have heard my parents talk about children not getting outside as much as they used to. Some of these activities the children take part in during the school day, however have a think about what you can do at home. There is no obligation for these and as a school we will not be checking up, but it would be lovely to hear if the children have been able to complete any of the suggested activities.

At this time of year, many of us start new year resolutions with many of them related to diets and the types of food we eat. This would be a great time to consider the amount of sugar that your child is eating currently. You can find lots of information to support you in ensuring your child is eating healthily using the following website <https://www.nhs.uk/change4life/about-change4life> Why not start with looking at your child's packed lunch and ensuring that they are balanced and healthy. See some useful lunchbox tips on one of the attached pages. Healthy lunches is something that I will be asking the School Council to look at this term.

The temperature has dropped over the last few days and there is the possibility of 'The Beast from the East' returning. Please ensure that your child is wearing appropriate uniform (trousers, not shorts) and that they have a warm coat in school.

If there is a risk of snow, you can keep up to date with any decisions to close the school using the school website as well as the Kent closures website on <https://www.kentclosures.co.uk/> where you can sign up for alerts. We will always endeavour to keep the school open, however if the risk of travelling to and from school is too dangerous we may have to close.

Before Christmas, I did warn that we would expect to see children wearing appropriate school shoes; we saw an increase in the number of children wearing 'trainer like' shoes last term such as Huaraches etc. If we feel that your child is not wearing appropriate school shoes, they will be given a slip—if you receive this, please ensure that you purchase your child appropriate school shoes not trainers. Many thanks in anticipation for your support in this matter; please see attached list of school uniform.

There are lots more parental engagement activities happening this term—please see the attached separate letter to find out when you can come and share in your child's school life.

We look forward to working with you all in 2019.

Mr Hiscock—Headteacher

Upcoming Events

3/1/19	1st day back of
15/1/19	Anti bullying workshop (details to follow)
24/1/19	Morpurgo Class Assembly 9am
28/1/19	Healthy lunchbox workshop—details to follow
28/1/19	Year 3 & 4 reading parent/carer morning
29/1/19	Year 1 parent/carer reading morning
30/1/19	Years 5&6 parent/carer reading morning
31/1/19	Year 2 parent/carer reading morning
7/2/19	Online safety workshop—details to follow
8/2/19	PTA Quiz Night (more details to follow)
14/2/19	Horowitz Class Assembly 9am

Reminders and Info

- We have had a few cases of chicken pox and one of scarlet fever. If you're pregnant and have had chickenpox, or you've been vaccinated, it's unlikely to matter if you come into contact with someone who has chickenpox. But if you haven't, please check with your midwife or GP.

- The cost of a school meal is currently £2.57.